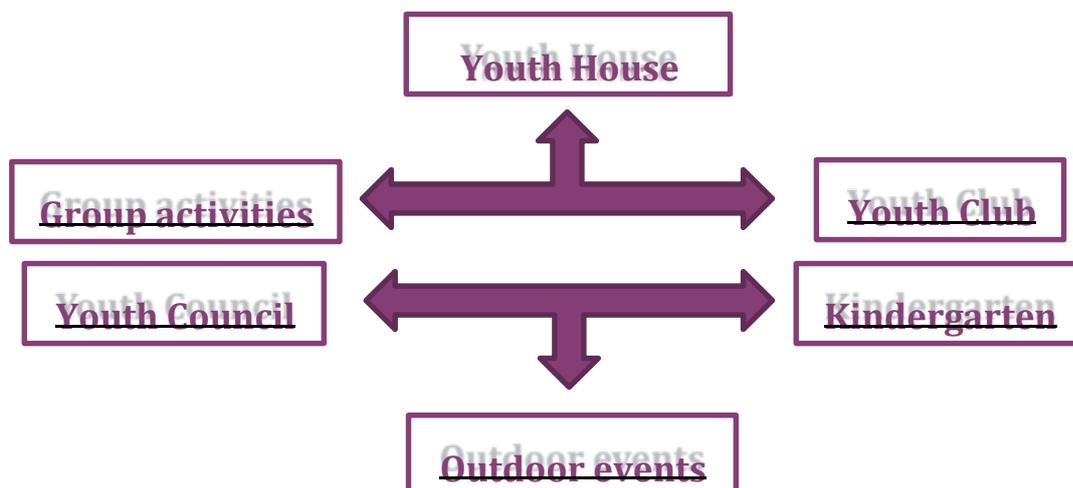


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# FIND YOUR WAY!

**DATE: MARCH 2017, VENUE: VESZPREM**

*This EVS project called "Find YOUR way!" is a 8-month-long program, during this period you will develop yourselves and learn new skills, gain experiences and make new friendships. Your project's tasks are divided to several parts: working in a kindergarten, in the Youth House and organizing events, clubs and different activities.*

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## About the project

### SUMMARY

Lelekter Foundation was accredited as an EVS delegating and hosting organization in October, 2014. Since then, the Foundation has participated in and coordinated many successful youth exchanges in the European Union. Our NGO has been working with youth for over 10 years. Our main goals are prevention, harm reduction and personal development of the young. In order to fulfill these goals we are coordinating trainings, seminars for them, their parents and for their teachers as well.

In this project 3 volunteers will be hosted at the foundation for 8 months. We provide a supervisor, who will be responsible for the coordination and the administration of the program; a mentor who deals with the process of induction, and supervises the volunteers, and an EVS coordinator, who gives tasks for the volunteers and keeps in touch with the Sending organisation on a regular basis.

The project implementers possess the relevant professional background, including the most important fields such as drug-prevention, child and young protection, social work practices. The EVS coordinator has significant experience in building national and international relations, network. The mentor of the program is a social worker and trainer who is working with us longer years ago. She can be the most neutral person and the best to help in the personal development of the volunteers.

Lelekter Foundation hosted and supported 5 volunteers so far. The cooperation was very successful for both parties.

In the selection process, we are cooperating with the Sending organisation. The selection of the volunteers is based on professional aspects and the decision will be made while collaborating with the Sending organization.

The activities and tasks of the volunteers are as they follow: Balatoni Tankör Egyesület (Balaton Learning Group Association) was set up in 2015 with the aim to create a private learning group for children living in Veszprém, Balatonalmádi and neighbouring places. We offer a modern, 21st century alternative to the established state-run schools by providing project-based education for kids aged between 6-10 custom tailored to their own needs and developmental phase.

The scheduled weekly timetable can be adapted, based on the volunteer's individual abilities, competencies. We are open to ideas from the volunteers, which are in line with the goals of our association and develop the competency of our volunteers as well.

Volunteers will participate in both small and bigger group sessions. They will work six hours a day, always supervised by one of the staff members, so they won't have individual responsibility.

Volunteers will experience a non-formal teaching experience, so they need to be flexible. Volunteers will have the opportunity to organise Erasmus+-related promotional programs as our Association has close contacts to the local cultural center, where they are always looking for new entertainment opportunities. Our plans for publicity are to advertise during the different shows, workshops of the fellow organizations, advertise in the local newspapers, publish different articles, reports with the former participants of the program, and regularly propagate Erasmus+ and EVS on all the popular online sites such as facebook, twitter and instagram.

The volunteers are to get involved in the current system of the local youth policy and will be cooperating with other relevant youth organisations. Amongst these organisations, associations they maintain a good relationship, networking is developed and they help establish an overall good experience.

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## GOALS

The project provides development of the varying competencies of the volunteers. We support them to achieve their personal aims, motivate them to get involved in self and community development activities by using their creativity and the gained experience.

The indirect goals of the project are to generate international cooperation, exchange experience, enhance joint reflection, foster the system of youth policy, strengthen social inclusion of the youth and to encourage them to take more active participation in the European democracy.

The long term aim of this project is to support these young people on their road of becoming active European citizens. The program also aims to introduce their rights, duties and obligations, to be socially more conscious and appreciate the concept of volunteer work which is a valuable tool to build a more livable society.

The long term goal of this project is to increase the European possibilities, to work together with more cultures in the next years and to create a colorful Youth House in Veszprém which is interesting for the youngsters from the city and for the volunteers from abroad.

Our EVS program includes all the priorities, goals and mission of the Erasmus+ Programme.

Other important goals are to strengthen the co-operation, partnership between the participants and to provide the development of their competencies. We support them to achieve their personal goals, motivate them to get involved in self- and community development activities by using their creativity and their gained experience. The impact of the project is that with the help of the new experience, knowledge they gained, they will be able to make positive changes.

## YOUTH PASS

Youthpass is a European recognition tool for non-formal and informal learning in youth work. Youthpass is for projects funded by Erasmus+ Youth in Action and Youth in Action programmes. With Youthpass the participants of these projects can describe what they have done and show what they have learnt. You will fill it during your project with the help of your mentor which means that you can evaluate from inside and outside, your skills and competences what you learnt during the program.

## About the venue

### HUNGARY



Hungary (Hungarian: Magyarország, population: 9,8 million) is a landlocked country which is located in Central Europe in the Carpathian Basin.

The national flag's colors are: red, white, green which are represent: the power, hope and loyalty.

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The country is bordered by Austria, Slovakia, Ukraine, Romania, Serbia and Croatia. The capital and also the largest city (population: 1,7 million) is called Budapest. The official language is Hungarian, which is the most widely spoken non Indo-European language in Europe.



It is the home of the largest thermal water cave system and the second-largest thermal lake in the world (Lake Hévíz), the largest lake in Central Europe (Lake Balaton), and the largest natural grasslands in Europe (the Hortobágy National Park).

Balaton is particularly popular touristic centrum which is attracting foreigners also, especially in the summer.



One of the most famous Hungary is taking place in coast of the lake (Siofok) During the summertime a organized nation-wide geography has been the Danube and Tisza minor nature reserves, areas. Administratively, the currency of Hungary is called forint" (sign: Ft; code: HUF). Hungary has a deep history in science and technology and the country has a lot of inventions too (Rubik's cube, dynamo, vitamin C, ball-pointed pen, safety match etc.) Hungary has the third-highest number of Olympic medals per capita and second-highest number of gold medals per capita in the world. Hungary has historically excelled in Olympic water sports.



festival in the south called Balaton Sound. lot of different festivals and opened events are (Sziget, Volt, Hegyalja, PAFE, etc.) Hungary's traditionally defined by its two main waterways, Rivers. Hungary has 10 national parks, 145 and 35 landscape protection Hungary is divided into 19 counties. The

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## VESZPREM

Veszprem (population: 60,000) is one of the oldest urban areas in Hungary, and a city with county rights.



The town is called “Queen’s city” based on the Hungarian history. Veszpre m is the home of University of Pannonia which is the 6th strongest university in Hungary. It lies on seven hills, approximately 15 km from the north of the Lake Balaton and 10 km from Bakony mounts.



It is the administrative center of the county of the same name. Veszpre m lies on both sides of the Sava creek, around 120 km from Budapest. It can also be reached from Győr and from Szekesfehervar which are also cities with county rights. Veszpre m provides local buses in order to reach the different parts of the city. Out of the town there are also public transportations: buses and trains. Around the city there are bicycle roads to reach the nearest villages and the Lake Balaton.



The cultural and social life is very colorful. There are seven museums, three theaters, a zoo and several festivals. One of the most famous festivals is “Street Music Festival” which is taking place in the city center, for 5 days during the summer. This opened event is attracting many people from different parts of the country and from abroad as well. In the Street Music Festival there are approximately 10 stages with alternative bands.

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Veszprem Arena is the home of MVM Veszprem Handball Club which team has a big historical background and one of the best supporter audience in the world. The team exists from 1977, during this period they won 23 Hungarian Championship titles, 24 Hungarian Cups, 3 Hungarian Super Cups, 2 EHF Cups, 1 SEHA League title. They were participating in EHF Velux Final4 two times, they earned the second place in the 14/15 season.



Veszprem has several parks. They are good for walking and running. This town is suitable to move by bike and even if you prefer to move by foot, the distances are not so long. Here are a few shopping centers, where you can do your weekly shopping and get everything you look for. The basic food prices are cheaper than the average prices in the European Union, based on a survey from 2011.

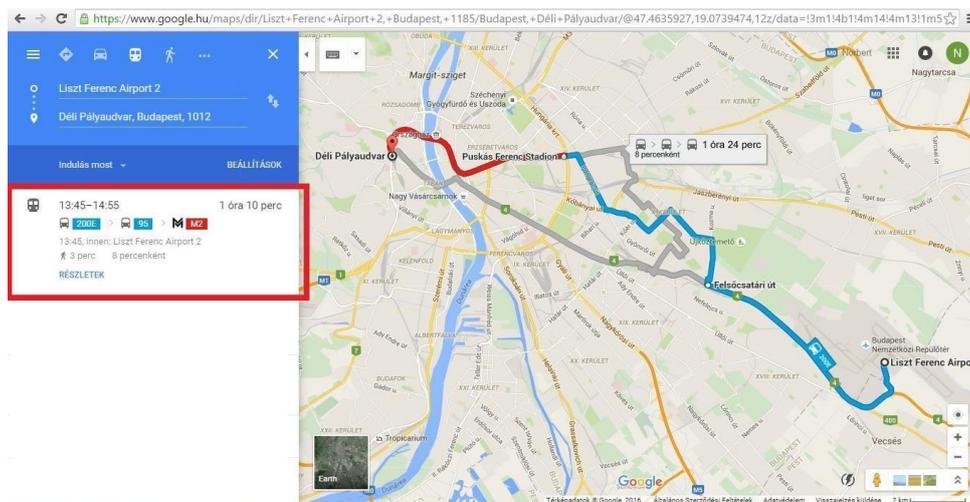


## How to get here?

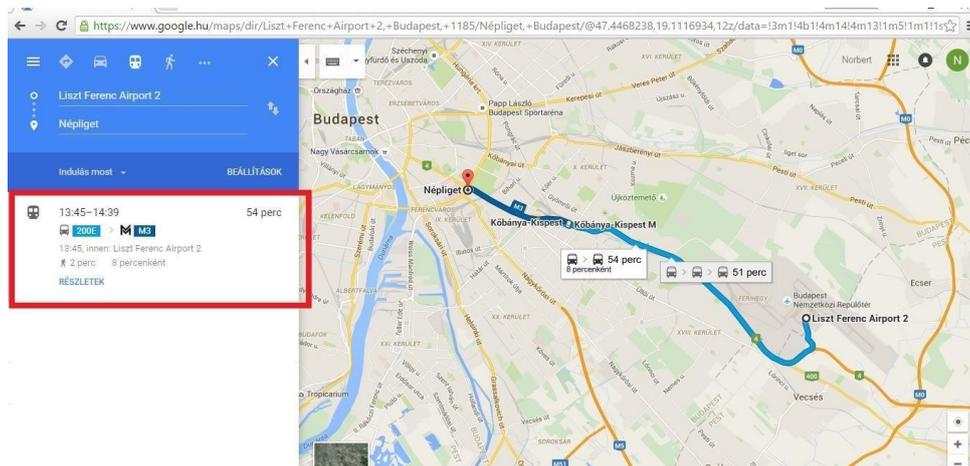
### TO HUNGARY (BUDAPEST)

We think that all of you will come by airplane and reach Liszt Ferenc National Airport. From the airport, there are two options:

1. go to the Deli Train Station to catch the train



2. go to the Népliget Bus Station to catch a bus.



### TO VESZPREM

Coming by train, you will arrive to the local train station which is located in the north side of the city. From here you can easily reach the city center by using the public buses. Coming by bus will directly bring you to the city center where the bus station lies. And for sure we will talk about it that where we can wait for you.

### TRAVEL COST

Everyone has a limit in the travel cost which you can see below and this is the money how much is covered by the program from your home town until Veszprem. The volunteers who will come need to buy their

# FIND YOUR WAY!



ticket to Hungary and on the arrival day we can pay it back. You need to try to use the half of your money for a way and another half for the way to go back on the end of your program.

## TRAVEL COST

COUNTRY	NUMBER OF PARTICIPANTS	DISTANCE	TRAVEL COST PER PERSON
<b>Poland</b>	1	500-1999 km	Based on discussion
<b>Bulgaria</b>	1	500-1999 km	Based on discussion

## AGE LIMIT OF THE VOLUNTEER

As you might know the age limit for an EVS project needs to be between 18-30.

## PROJECT LANGUAGE

The language of your project will be English during the work time and you will learn Hungarian too. For learning the new language we can recommend to check an alphabet before if you have motivation and here you will go together in a language school.

## Additional information

### LOCAL WEATHER

The climate of Hungary can be described as typical European continental influenced climate with warm, dry summers and fairly cold winters. January is the coldest month with daytime temperatures usually around zero. In summer daytime temperatures reach 20-25°C, but sometimes quite higher, 30°C or more. In most of the time is dry weather with sunny spells, although sometimes heavy Thunderstorms can occur at the end of the day. Generally, the weather is best May-September, when days are warm and the nights are cool, although it rains more in Spring than in summer. Autumn and winter are usually a little chilly and wet, sometimes snowy and often foggy, especially in the mountainous regions.

### CURRENCY

The Hungarian currency called „forint”. One euro’s value is around 314 Hungarian forint and for sure you will get your monthly allowance in this currency.

### PHONE NUMBERS

The best contact number for you is the number of your future coordinator: 003630 42 42 269.

Ambulance: 104

Police: 107

Fire service: 105

Emergency number: 112

## INSURANCE AND HEALTHCARE

We strongly advise all of our participants to ensure a European Health Insurance Card. After that we chose the participants we are going to help in the registration for the AXA insurance covered by the Erasmus+ program, but until the arrival it is good if you have an own insurance. About this you can read more on Erasmus+ webpages.

## Relevant documents and links about the EVS

EVS Info KIT: [http://ec.europa.eu/youth/tools/evs-info-kit\\_en.htm](http://ec.europa.eu/youth/tools/evs-info-kit_en.htm)

Erasmus+ Commission Website: [http://eacea.ec.europa.eu/erasmus-plus\\_en](http://eacea.ec.europa.eu/erasmus-plus_en)

Erasmus+ Home Page: <http://ec.europa.eu/programmes/erasmus-plus/>

Erasmus+ Programme Guide:

[http://ec.europa.eu/programmes/erasmusplus/discover/guide/index\\_en.htm](http://ec.europa.eu/programmes/erasmusplus/discover/guide/index_en.htm)

Erasmus+ Youth: [http://ec.europa.eu/youth/index\\_en.htm](http://ec.europa.eu/youth/index_en.htm)

Youthpass Page: <https://www.youthpass.eu/en/youthpass/for/evs/subpage/>

## Contact persons

The members of our team who will be with you every day. Feel free to contact us if you have any questions.

Name	Profession	Telephone number	E-mail adress
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Eszter Beke	Mentor in EVS	0036209746313	eszterbeke3@gmail.com

## All data about the foundation

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**Lélektér**  
**Alapítvány**



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